### University of Pikeville - Kentucky College of Osteopathic Medicine Strategic Plan

#### 2023-2028

**Vision Statement:** KYCOM will be a leader in rural and primary care medical education, preparing physicians to promote wellness, lead in innovation, and serve with compassion in underserved communities.

#### **Foundational Commitments**

- A continued focus on training physicians to serve rural Appalachia and Health Professional Shortage Areas (HPSAs).
- Emphasis on primary care and health equity.
- Accountability through consistent progress measurement and community involvement.

#### **Strategic Goals & Objectives**

#### **Goal 1: Transform Medical Education Through Curriculum Innovation**

**Objective 1.1:** Launch a fully systems-based curriculum with clinical/medical integration.

**Objective 1.2:** Introduce structured early clinical engagement, including expanded use of case studies, simulation, and clinical skills training.

**Objective 1.3:** Establish a formal, on-campus testing center for secure assessments and OSCEs.

**Objective 1.4:** Enhance 3rd- and 4th-year learning opportunities through digital/distance-accessible platforms.

Objective 1.5: Expand low-stakes clinical assessments throughout the curriculum.

**Objective 1.6:** Shift primary care curriculum toward models of wellness, prevention, and patient-centered care.

#### **Goal 2: Grow Research and Academic Programs to Broaden Impact**

**Objective 2.1:** Identify, develop, and seek approval for at least one new academic program that enhances the research or clinical opportunities available to UPIKE students.

**Objective 2.2:** Increase external research funding by empowering faculty to pursue grants and reducing teaching loads for grant-supported time.

**Objective 2.3:** Hire research-only faculty to strengthen scholarly productivity.

**Objective 2.4:** Develop new graduate degree programs (MS, MPH, PhD) aligned with KYCOM's mission.

**Objective 2.5:** Establish a university-wide interprofessional clinic for education, care delivery, and research.

**Objective 2.6**: Use the clinic to launch studies in primary care interventions focused on wellness promotion

#### Goal 3: Foster a Thriving Campus Community for Wellness and Growth

**Objective 3.1:** Expand wellness services, including mental health support, through the KYCOM Wellness Hub and additional staffing.

Objective 3.2: Create an on-campus health clinic to serve students, faculty, and staff.

**Objective 3.3:** Accelerate outdoor recreational development at Bear Mountain to support physical health.

**Objective 3.4:** Explore childcare options and potential pilot programs for students and employees.

**Objective 3.5:** Conduct a feasibility study on student health insurance and implement based on findings.

**Objective 3.6:** Strategically increase KYCOM class size toward 200 students annually, supported by infrastructure and faculty planning.

#### **Metrics & Accountability**

 Progress Reports: Biannual updates to KYCOM leadership, faculty, and university administration.

- Tracking Tools: Dashboard with goals, timelines, and responsible parties.
- **Annual Review**: Strategic plan reviewed and refined annually based on performance and evolving needs.

**Conclusion:** KYCOM is committed to innovation, equity, and community service in medical education. By integrating academic excellence, research expansion, and wellness infrastructure, we aim to graduate physicians who not only practice medicine but also transform communities.

Together, we will grow KYCOM into a beacon for compassionate and forward-thinking care.

# KYCOM Strategic Plan 2028 Reported as of April 2025

| KYCOM Goal                   | Measures   | Outcomes 2024-2025   | Status |
|------------------------------|--|--|--------|
| Goal 1 - Transform Medical   | Launch a fully systems-based curriculum with           | Year 1 implemented in Fall 2023  |        |
| Education Through Curriculum | clinical/medical integration.                          | Year 2 implemented in Fall 2024  |        |
| Innovation                   | Seek to increase student satisfaction and              | Students are very satisfied with Panopto recording                           |        |
|                              | engagement by utilizing available technology to        | software and Canvas LMS. Some courses are also live-                         |        |
|                              | enhance the student experience.                        | streamed for real-time viewing.  |        |
|                              | Introduce structured early clinical engagement,        | Integrated Case Studies were implemented in Fall 2023 for                    |        |
|                              | including expanded use of case studies, simulation,    | Year 1 and Fall 2024 for Year 2.   |        |
|                              | and clinical skills training.                          | Continue to increase and further improve clinical                            |        |
|                              |  | simulation. Clinical skills course and OPC are now                           |        |
|                              |  | combined into one overarching course.  |        |
|                              | Establish a formal, on-campus testing center for       | This has yet to be set in motion. However, the local                         |        |
|                              | secure assessments and OSCEs.                          | community college has been serving as a PearsonVue                           |        |
|                              |  | exam center, allowing students to take the COMLEX here                       |        |
|                              |  | in Pikeville.  |        |
|                              | Enhance 3rd- and 4th-year learning opportunities       | The OST 750 and OST 751 courses are conducted via our                        |        |
|                              | through digital/distance-accessible platforms.         | Canvas LMS platform, along with Zoom meetings with our                       |        |
|                              |  | OPC faculty to go over cases for OPC. We have also added                     |        |
|                              |  | OnlineMedEd for our 3 <sup>rd</sup> and 4 <sup>th</sup> year students, which |        |
|                              |  | allows them to continue to increase their clinical                           |        |
|                              |  | knowledge and preparedness for COMATs and COMLEX                             |        |
|                              |  | Level 2  |        |
|                              | Expand low-stakes clinical assessments throughout      | ICS courses include low-stakes quizzes. Weekly integrated                    |        |
|                              | the curriculum.  | quizzes (also low stakes) incorporate material from all                      |        |
|                              |  | courses. COMSAE is used to assess readiness for COMLEX.                      |        |
|                              | Shift primary care curriculum toward models of         | The Appalachian Center for Preventive Medicine is                            |        |
|                              | wellness, prevention, and patient-centered care        | scheduled to open in 2026, which will implement an                           |        |
|                              |  | Interdisciplinary, patient-centered approach to preventive                   |        |
|                              |  | medicine. Students will rotate through.                                      |        |
| Goal 2- Grow Research and    | Identify, develop, and seek approval for at least one  | Have increased summer research fellowships from 9 to 12                      |        |
| Academic Programs to         | new academic programthat enhances the research         | to 15 to 21 over the past four years.  |        |
| Broaden Impact               | or clinical opportunities available to UPIKE students. |  |        |

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|  | Increase external research funding by empowering faculty to pursue grants and reducing loads for grant-supported time       | Dr. Simm received UPIKE's first-ever NIH grant this academic year. Dr. Han received the first AHA research grant in Eastern KY this year.  KYCOM has increased the amount of intramural grant money available so faculty can start projects with the goal of applying for extramural funding based on that initial research. |  |
|--|---|--|--|
|  | Hire research-only faculty to strengthen scholarly activity.  | This has not started yet.  |  |
|  | Develop new graduate degree programs (MS, MPH, PhD) aligned with KYCOM's mission  | We are in the preliminary stages of a Master's in Biomedical Science degree at UPIKE.  |  |
|  | Establish a university-wide interprofessional clinic for education, care delivery, and research                             | As above, this is in progress with the Appalachian Center for Preventive Medicine  |  |
|  | Use the clinic to launch studies in primary care interventions focused on wellness promotion.                               | This will be a later phase once the clinic is established.   |  |
| Goal 3- Foster a Thriving Campus Community for Wellness and Growth | Expand wellness services, including mental health support, through the KYCOM Wellness Hub and additional staffing.          | We currently have two full-time counselors on campus. Our Director of Educational Support has also now completed her MSW and is working on her LCSW. UWill, an online 24/7 mental health service, is also provided to students at no cost.   |  |
|  | Create an on-campus health clinic to serve students, faculty, and staff.  | Currently have telemedicine available through a local hospital system. This is set up in our building. Hope to expand services beyond telemedicine in the future.  |  |
|  | Accelerate outdoor recreational development at Bear Mountain to support physical health.                                    | This will be a long-term process. However, UPIKE does maintain a free fitness center on campus.  |  |
|  | Explore childcare options and potential pilot programs for students and employees.  | This continues to be discussed, but no action has been taken yet.  |  |
|  | Conduct a feasibility study on student health insurance and implement it based on the findings.                             | This has already been implemented as of now. HSAC manages our student insurance plan and ensures student compliance, with 100% of students having coverage.  |  |
|  | Strategically increase the KYCOM class size toward 200 students annually, supported by infrastructure and faculty planning. | COCA denied an increase in size as COMLEX Level 1 scores fell below 2 SDs after submission of the application. We have put in place measures to hold students accountable,   |  |

### **KYCOM Strategic Plan 2028**

Reported as of April 2025

|  | changed the curriculum, and increased board prep. We   |  |
|--|--|--|
|  | plan to resubmit once we have 3 years of COMLEX within |  |
|  | COCA's requirements.                                   |  |

#### Performance Indicators

The indicator colors represent the level of performance in comparison to our goals, as follows:

The objectives for this goal are being met exemplarily.

— The objectives for this goal are being met. 3.00

— The objectives of this goal are being partially met. 2.00

— The objectives for this goal are not being met. 1.00