



**University of Pikeville
Kentucky College of Osteopathic Medicine
Office of the Dean**

Fatigue Mitigation Policy

Policy Contact: Student Affairs, Kentucky College of Osteopathic Medicine
Policy Category: Administration
Policy Number: 5.3-1(f)
Review: Annually

Purpose

University of Pikeville – Kentucky College of Osteopathic Medicine (KYCOM) is committed to maintaining an environment that fosters wellness and understands that fatigue mitigation forms an important component of a wellness-focused learning environment.

University of Pikeville – Kentucky College of Osteopathic Medicine (KYCOM) understands the risks of excessive fatigue among its students, faculty and staff. Therefore, it is imperative that all members of the campus community recognize the signs of fatigue and sleep deprivation. Any student, faculty, or staff member may initiate a fatigue mitigation process by raising the concern with KYCOM Student Affairs or their supervisor. Once a fatigue concern has been reported, Student Affairs or a supervisor must discuss the concerns with the student/employee and choose the best option(s) to mitigate the risks of fatigue.

The safety of patients is paramount and should always supersede concerns regarding productivity or other short-term training requirements. In the event a KYCOM student or clinical faculty member must terminate clinical duties due to fatigue, the situation must be reported to KYCOM Clinical Affairs. A cumulative record of any such events will be maintained. KYCOM students are expected to use professional judgment to ensure adequate rest prior to any clinical duties. Reports of excessive fatigue related to extracurricular activities at a clinical rotation site will be addressed with the student and a plan to reduce fatigue will be instituted.

Dean

April 24, 2025

Last Approved Date

General Disclaimer:

The information available is not to be treated as a contract, but rather a unilateral statement of policy. The university reserves the right to revoke, modify or suspend any of its policies and procedures at any time without notice.