# UNIVERSITY OF PIKEVILLE KENTUCKY COLLEGE OF OSTEOPATHIC MEDICINE



2019-2020 ACADEMIC CATALOG



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# A message from the Dean...

Welcome to the Kentucky College of Osteopathic Medicine (KYCOM). I'm proud to serve at an institution that has maintained its lifelong commitment to the mission of helping to ease the primary care physician shortage in rural Kentucky and Appalachia. At KYCOM our mission permeates everything we do, from admissions to academics to community involvement. Our students and graduates exemplify the



principles of Osteopathic medicine and are helping to make our world a better place.

Dana C. Shaffer, D.O., FACOFP *dist., FAOGME*Dean of KYCOM

The University of Pikeville – Kentucky College of Osteopathic Medicine reserves the right to make any
changes to the content of this document at anytime without advance notice.
Effective on July 1, 2011, the name Pikeville College changed to the University of Pikeville and the medical school, previously known as Pikeville College School of Osteopathic Medicine (PCSOM), became the Kentucky College of Osteopathic Medicine (KYCOM).
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## **KYCOM ACADEMIC CALENDAR 2019 – 2020**

\*Students are required to comply with the KYCOM course attendance policy. Please note that the KYCOM Academic Calendar is subject to change at any time.

	Fall 2019
Monday, July 1, 2019	4 <sup>th</sup> Year Begins Class of 2020
July 22 – 26, 2019	1 <sup>st</sup> Year Orientation Class of 2023
Friday, July 26, 2019	2 <sup>nd</sup> Year Orientation Class of 2022
Monday, July 29, 2019	3 <sup>rd</sup> Year Begins Class of 2021
Monday, July 29, 2019	First Day of Classes (1 <sup>st</sup> and 2 <sup>nd</sup> Years)
September 2, 2019	Labor Day (Holiday/No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)
October 28 – 30, 2019	Fall Break (No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)
November 27 - 29, 2019	Thanksgiving Break (No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)
November 29, 2019	End of Fall Semester (4 <sup>th</sup> Years)
December 13, 2019	End of Fall Semester (1st and 2nd Years)
January 24, 2020	End of Fall Semester (3 <sup>rd</sup> Year)
	Spring 2020
December 2, 2019	First Day of Classes (4 <sup>th</sup> Year)
January 27, 2020	First Day of Classes (3 <sup>rd</sup> Year)
Monday, January 6, 2020	First Day of Classes (1st and 2nd Years)
January 20, 2020	Martin Luther King Jr. Day (No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)
March 9 – 13, 2020	Spring Break (No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)
April 10, 2020	Good Friday (No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)
April 16 and 17, 2020	Hillbilly Days (No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)
April 16 and 17, 2020 May 1, 2020	
	Hillbilly Days (No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)
May 1, 2020	Hillbilly Days (No Classes – 1 <sup>st</sup> and 2 <sup>nd</sup> Years)  4 <sup>th</sup> Year Spring Semester Ends

## ABOUT THE KENTUCKY COLLEGE OF OSTEOPATHIC MEDICINE

## Medicine in the Mountains

The Kentucky College of Osteopathic Medicine (KYCOM) was established to provide Medicine in the Mountains; it is Keeping the Promise. When KYCOM enrolled its first students in 1997, its founding dean, John A. Strosnider, D.O., stated that our medical school "is proudly committed to providing the Appalachian region with highly trained, competent, confident, and patient-friendly primary care osteopathic physicians." A recent analysis of graduates' specialties and practice locations revealed that 70 percent practiced in a primary care specialty and 41 percent are located within our Appalachian region

#### Mission

The mission of the University of Pikeville - Kentucky College of Osteopathic Medicine (KYCOM) is to provide men and women with an osteopathic medical education that emphasizes primary care, encourages research, promotes lifelong scholarly activity, and produces graduates who are committed to serving the health care needs of communities in rural Kentucky and other Appalachian regions.

## **Goals and Objectives**

Kentucky College of Osteopathic Medicine (KYCOM) educates its students to become competent and compassionate osteopathic physicians. Given KYCOM's mission, its emphasis is on developing primary care physicians for underserved and rural communities. The following goals and objectives guide attainment of the KYCOM mission:

- 1. To recruit and graduate osteopathic medical students who are dedicated to alleviating the shortage of medical services in rural and underserved areas of Kentucky, Appalachia, and the nation.
  - a. Recruit students from Kentucky, Appalachia, the neighboring region, and other rural and underserved areas.
  - b. Recruit students with a strong desire to practice patient-centered medical care in medically underserved communities.
- 2. To offer a curriculum that integrates a strong foundation of medical knowledge with the professional, cultural and ethical traits desired in its students and graduates.
- 3. To educate osteopathic medical students in the art and science of osteopathic medicine using the most current research in clinical and basic science.
  - a. Provide opportunities for research and scholarly activity for students and faculty.
  - b. Advance medical knowledge and the quality of health care through educational, scientific, and clinical research.
- 4. To provide a curriculum that promotes and measures student competencies to enhance the development of future osteopathic physicians who are competent practitioners of patient-centered, quality medical care.
  - a. Prepare students to pass the COMLEX-USA board exams.
  - b. Incorporate clinical teaching throughout the four-year curriculum.
  - c. Promote the acquisition of the core competencies during student clinical rotations.
- 5. To develop and maintain clinical education sites in rural and underserved Kentucky and Appalachian areas that promote providing rural primary care within our region.
- 6. To prepare physicians committed to improving access to quality, competent, and patient-centered medical care for all, with an emphasis on developing primary care physicians for underserved and rural communities.
- 7. To support the Appalachian Osteopathic Postgraduate Training Institute Consortium (A-OPTIC) in the development of postgraduate educational opportunities that advance the training of our students, residents, and faculty.
- 8. To prepare KYCOM students to enter and succeed in postgraduate training programs.
- 9. To cultivate an appreciation of lifelong learning in KYCOM students and graduates through the development of scholarly inquiry skills.

## **Osteopathic Medicine**

Osteopathic medicine practices a whole person approach to health care. Instead of just treating specific symptoms, osteopathic physicians focus on the patient as a whole. Both osteopathic physicians (D.O.s) and allopathic physicians (M.D.s) are trained as complete physicians in that both types of physicians are fully trained and licensed to practice medicine, perform surgery, and prescribe medications in the U.S. Osteopathic physicians' training includes an additional focus that centers on treating the body by improving its natural functions through osteopathic manipulative treatment (OMT). Through the manual manipulation of joints and soft tissues, OMT aims to restore the body's structural integrity so it can function in a natural and healthy way. Osteopathic physicians (D.O.s) have full practice rights in all 50 states and in many foreign countries. Osteopathic physicians can and do provide a full range of specialty and subspecialty medical services, and practice in many of the nation's most prestigious hospitals. Moreover, many D.O.s practice primary care in medically underserved areas. This reality accounts for the fact that while D.O.s make up only ten percent of physicians nationally, they care for more than 18 percent of the U.S. population.

## History

In September, 1993, Chad Perry, a prominent attorney from Paintsville, Kentucky, and his wife Judy Perry, conceived the idea of creating an osteopathic medical school in the Appalachian region of Eastern Kentucky. Together with a group of supporters, they began to investigate the possibility of a school in Eastern Kentucky. The supporters believed that creation of an osteopathic medical school was the best way to help alleviate the shortage of primary care physicians in rural Eastern Kentucky. According to Mr. Perry, his support of the development of an osteopathic medical school for this region arose from the fact that osteopathic physicians "tend to stay in rural areas and in family practice." KYCOM enrolled its first students in 1997.

## **Accreditation**

KYCOM is part of the University of Pikeville, which was established in 1889 as a small Presbyterian college located in Pikeville, Kentucky. The University of Pikeville is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award associate, baccalaureate, masters, and doctoral (D.O.) degrees. Any questions about the accreditation of the University of Pikeville may be directed to the Commission on Colleges at 404-679-4500 or to 1866 Southern Lane, Decatur, Georgia 30033-4097. Additionally, inquiries may be made to the University of Pikeville at 606-218-5250 or to 147 Sycamore Street, Pikeville, Kentucky 41501. Kentucky College of Osteopathic Medicine has been granted accreditation by the American Osteopathic Association's Commission on Osteopathic College Accreditation (COCA). This body is recognized by the U.S. Department of Education as the accrediting agency for colleges educating osteopathic physicians and surgeons. Further information about the COCA accreditation process can be obtained at <a href="https://www.osteopathic.org">www.osteopathic.org</a>.

## **Commitment to Rural Medicine**

KYCOM offers a four-year program toward attainment of the degree of Doctor of Osteopathic Medicine (D.O.). The College's purpose is to educate future primary care physicians to practice in rural Kentucky and other underserved areas. KYCOM opened in 1997 with an entering class of 60 students. The Commission on Osteopathic College Accreditation (COCA) granted approval to KYCOM to increase the size of its entering class to 135 students beginning with the Class of 2016 that entered July 30, 2012.

KYCOM continues to receive national recognition for its commitment to educating osteopathic physicians who practice in rural areas that are medically underserved, particularly within the Eastern Kentucky region that the College's mission serves. For several years, KYCOM has ranked among the top medical schools in the country with regard to the percentage of graduates entering primary care residencies. KYCOM is keeping its promise to ease the shortage of primary care physicians in rural Kentucky and Appalachia. Seventy percent of KYCOM graduates practice in a primary care specialty with approximately forty percent practicing within Appalachia.

#### NOTICE OF NONDISCRIMINATION

The University of Pikeville does not discriminate on the basis of race, ethnicity, color, sex, gender, gender identity, sexual orientation, religion, national origin, age or disabilities in its programs, activities, hiring, or the admission of students.

The following person has been designated to handle inquiries regarding nondiscrimination policies under Title IX:

Bethany Bowersock
Title IX Coordinator
University of Pikeville
Rm. 203 Administration Building
147 Sycamore Street
Pikeville, KY 41501
bethanybowersock@upike.edu
606-218-5344

The following person has been designated to handle inquiries regarding other nondiscrimination policies:

Michael Pacheco
Human Resources Director
University of Pikeville Laughlin Cottage
147 Sycamore Street
Pikeville, KY 41501
michaelpacheco@upike.edu
606-218-5216

If either individual is unavailable, inquiries concerning any nondiscrimination policy may be directed to the other individual.

#### **CAMPUS SAFETY and SECURITY**

The University of Pikeville promotes a safe and secure environment to ensure the safety and well-being of the campus community. The University of Pikeville Public Safety Department is located in Condit Hall and is open at all times. All criminal or suspicious activity as well as any emergencies on campus should be reported directly to the University of Pikeville Public Safety Department by phoning 911 or 606-218-5940.

## **Campus Public Safety**

The Clery Act is a federal statute requiring all colleges and universities participating in federal student aid programs to publish an annual security report that accurately discloses campus crime statistics and security information. This report may be found on the UPIKE website at <a href="http://www.upike.edu/Student-services/publicsafety/crime-reporting">http://www.upike.edu/Student-services/publicsafety/crime-reporting</a>.

## **Sexual Assault Prevention**

The University of Pikeville is committed to providing a supportive learning environment and fostering safe, healthy relationships among our students. As such, the institution and members of our community will not tolerate the offenses of dating violence, domestic violence, sexual assault and stalking. The University encourages any member of the University community who has experienced sexual harassment, sexual assault, domestic violence, dating violence, or stalking, or knows of another member of the community who has experienced sexual harassment,

sexual assault, domestic violence, dating violence or stalking, to report the incident to the University. In case of an emergency or ongoing threat, a survivor should get to a safe location and call 911. Calling 911 will connect you with local police. Students and employees who have experienced sexual harassment, sexual assault, domestic violence, dating violence, or stalking should report incidents to Ms. Bethany Bowersock, J.D., who serves as the University's Title IX Coordinator at BethanyBowersock@upike.edu or 606-218-5344.

## **KYCOM ADMINISTRATION**

Dana C. Shaffer, D.O., FACOFP dist., FAOGME Dean of the Kentucky College of Osteopathic Medicine

Vacant Associate Dean for Basic Sciences

Joshua R. Crum, D.O. Associate Dean for Clinical Affairs

Laura E. Griffin, D.O., FAAO Associate Dean of Osteopathic Principles & Practices Integration

Mary Johnson, Ph.D. Associate Dean for Academic Affairs

Joe E. Kingery, D.O., FAAFP, FACOFP
Associate Dean of Osteopathic Medical Education

Eric McLaughlin, M.Ed. Assistant Dean of Student Affairs for Graduate & Health Professions

#### KYCOM ACADEMIC DEPARTMENT HEADS

#### **Family Medicine**

Joe E. Kingery, D.O., FAAFP, FACOFP

## **Osteopathic Principles and Practice**

Laura E. Griffin, D.O., FAAO, Chair

#### KYCOM CONTACT INFORMATION

Administrative Offices are open weekdays from 8:00 am to 5:00 pm. KYCOM observes customary holidays. Visitors are strongly encouraged to make appointments before visiting the campus to ensure that the person they need to see is available. KYCOM's address is:

Kentucky College of Osteopathic Medicine University of Pikeville 147 Sycamore Street Pikeville, KY 41501

Dean's Office (606) 218-5410/Fax (606) 218-5447 **Academic Affairs** (606) 218-5488/Fax (606) 218-5491 **Basic Sciences** (606) 218-5421/Fax (606) 218-5491 **Clinical Rotations** (606) 218-5418/Fax (606) 218-5168 **Graduate Medical Education** (606) 218-5504/Fax (606) 218-5167 Osteopathic Medical Education (606) 218-5419/Fax (606) 218-5491 Community Clinic (606) 218-5398/Fax (606) 218-5492 **Student Affairs** (606) 218-5400/Fax (606) 218-5255 Admissions (606) 218-5409/ Fax (606) 218-5405 Financial Aid (606) 218-5407/Fax (606) 218-5256 Registrar's Office (606) 218-5210/Fax (606) 218-5212

## **ADMISSION INFORMATION**

## **Information for Prospective Students**

#### **COMLEX-USA**

The National Board of Osteopathic Medical Examiners (NBOME) administers the Comprehensive Osteopathic Medical Licensing Examination (COMLEX- USA) board examinations that consist of Levels 1, 2 CE, 2 PE, and 3. The purpose of the COMLEX-USA board examination series is to assess the osteopathic medical knowledge and clinical skills required for osteopathic generalist physicians to practice medicine without supervision.

KYCOM requires that its medical students take and pass the COMLEX Levels 1, 2 CE and 2 PE board examinations as part of their graduation requirements. Following graduation and as part of residency training, KYCOM graduates also must pass the COMLEX-USA Level 3 examination. First-time pass rates on the Level 3 COMLEX

KYCOM COMLEX FIRST-TIME PASS RATES				
2015-2016 2016-2017 2017-2018 2018-2019				
COMLEX LEVEL I	81.5%	85.0%	97.6%	85.5%
COMLEX LEVEL 2-CE	77.0%	87.2%	87.6%	92.97%
COMLEX LEVEL 2-PE	92.1%	85.0%	87.8%	92.6%*
COMLEX LEVEL 3	90.5%	97.8%	89.5%	94.3%

<sup>\*</sup>COMLEX Level 2PE pass rate for 2018-2019 calculated.

## **Residency Placements**

All graduates of the KYCOM Classes of 2015, 2016, 2017, 2018, and 2019 who were seeking residency positions have obtained placements in graduate medical education programs offered by the American Osteopathic Association (AOA), Accreditation Council for Graduate Medical Education (ACGME), or by the military. Information on placements by specialty and or institution may be found at the KYCOM website at <a href="http://www.upike.edu/kycom/about/Residency-Placements">http://www.upike.edu/kycom/about/Residency-Placements</a>

#### **ADMISSION**

The University of Pikeville - Kentucky College of Osteopathic Medicine seeks to recruit students who will help KYCOM fulfill its mission of providing men and women with an osteopathic medical education that emphasizes primary care, encourages research, promotes lifelong scholarly activity, and produces graduates who are committed to serving the health care needs of communities in rural areas, particularly those in rural Kentucky and other Appalachian regions.

KYCOM is a private institution that encourages applications from qualified students who are interested in pursuing a career in osteopathic medicine. In accord with KYCOM's mission to educate osteopathic physicians trained in rural primary care, qualified applicants from Kentucky will be given preference for admission to KYCOM.

Applicants to KYCOM are considered with respect to their intellectual ability, scholastic achievement, commitment, and suitability to succeed in the study of osteopathic medicine. In addition, all individuals are required to meet Technical Standards to be considered for admission.

KYCOM adheres to the University of Pikeville's policy on nondiscrimination and considers all applicants for admission and financial aid without regard to race, ethnicity, color, sex, gender, gender identity, sexual orientation, religion, national origin, age or disabilities.

## **ACADEMIC REQUIREMENTS**

The minimum academic requirements for admission to the first-year class are:

- 1. A baccalaureate degree from a regionally accredited college or university. The baccalaureate degree must be earned prior to matriculation in the medical school program.
- 2. The Medical College Admissions Test (MCAT). Students must take the exam and have the official scores sent to KYCOM. MCAT test scores are valid for three years from the original test date.
- 3. Satisfactory completion of the following college courses, including laboratory work:

English Composition and Literature 6 Semester Hours

General Chemistry 8 Semester Hours

Organic Chemistry 8 Semester Hours (4 hours of which can be Biochemistry)

Physics 8 Semester Hours
Biological Sciences 12 Semester Hours

These basic requirements must be passed and taken for credit at an accredited college or university.

Computer proficiency is an essential skill that will assist students with KYCOM course work. Therefore, it is strongly recommended that each entering student should have a good working knowledge of common PC use and applications. KYCOM utilizes the latest in Microsoft Office® and Windows® applications.

## **TECHNICAL STANDARDS**

The Kentucky College of Osteopathic Medicine does not discriminate on the basis of race, ethnicity, color, sex, gender, gender identity, sexual orientation, religion, national origin, age or disabilities. In doing so, however, the College must maintain curriculum requirements deemed essential to the education of an osteopathic physician. Regarding disabled (or handicapped) individuals, the College does not discriminate against such individuals who are otherwise qualified, but it does require applicants and students to meet certain minimum technical standards.

Students who, with reasonable assistance, can meet the technical standards to be successful in the KYCOM curriculum and to safely and competently practice osteopathic medicine are considered for admission. KYCOM recognizes that there are varying levels of disability and needs and is committed to supporting those with disabilities who, with reasonable assistance, can meet the technical standards. These standards identify reasonable expectations of osteopathic medical students and physicians in performing common functions.

A candidate for the D.O. degree must have multiple abilities and skills including: observation; communication; motor; conceptual; integrative and quantitative; and behavioral and social attributes. Accommodations can be made for various handicaps, but a candidate must be able to perform in a reasonably independent manner throughout their enrollment at KYCOM.

#### Observation

The candidate must be able to acquire a level of required information as represented through demonstrations and experiences in the basic sciences. This includes but is not limited to information conveyed through physiologic and pharmacological demonstrations in animals, as well as microbiologic cultures and microscopic images of microorganisms and tissues in normal and pathologic states. Furthermore, a candidate must be able to observe a patient accurately, at a distance and close at hand; acquire information from written documents; and see information presented in images on paper, film, slide, or video. Observing and acquiring information from these sources usually requires functional visual, auditory, and somatic sensation, enhanced by other sensory modalities.

The use of a trained intermediary in such cases would compromise performance, as it would be mediated by another individual's power of selection, observation, and experience.

#### Communication

The candidate must be able to communicate effectively, efficiently, and sensitively with patients and their families, and with all members of the health care team. A candidate must be able to interpret X-ray and other graphic images and digital or analog representations of physiologic phenomenon (such as EKGs). Assistive devices may be used if necessary.

#### Motor

Candidates and students should possess the motor skills necessary to provide general care and emergency treatment to patients and to directly perform palpation, percussion, auscultation and other diagnostic maneuvers, basic laboratory tests, and diagnostic procedures. Examples include cardiopulmonary resuscitation; administering intravenous medication; applying pressure to stop bleeding; opening of obstructed airways; suturing of simple wounds; and performing simple obstetrical maneuvers. Such actions require coordination of both gross and fine muscular movements; equilibrium; and functional use of the senses of touch and vision.

#### Sensory

Osteopathic candidates need exceptional sensory skills. It is therefore necessary to thoroughly evaluate individuals who are otherwise qualified but who have significant tactile sensory or proprioceptive disabilities. This would include individuals with significant previous burns, sensory motor deficits, cicatrix formation, and any malformations of the upper extremities.

## **Strength and Mobility**

Osteopathic treatment often requires upright posture with sufficient lower extremity and body strength. Therefore, individuals with significant limitations in these areas would be unlikely to successfully complete the requirements for a D.O. degree. Mobility required for emergency codes and CPR is also required.

## Intellectual, Conceptual, Integrative, and Quantitative Abilities

The candidate must be able to measure, calculate, reason, analyze, and synthesize in a timely fashion. In addition, the candidate should be able to comprehend three- dimensional relationships and to understand the spatial relationships of structure.

#### **Behavioral and Social Attributes**

Candidates must possess the emotional health required to fully use their intellectual abilities, to responsibly attend to the diagnosis and care of a patient, and to develop mature, sensitive, and effective relationships with patients.

Candidates and students must be able to tolerate physically taxing workloads and to function effectively under stress. They must be able to adapt to changing environments, to display flexibility, and to learn to function in the face of uncertainties inherent in the clinical problems of patients.

Compassion, integrity, concern for others, interpersonal skills, interest, and motivation are all personal qualities that will be assessed during the admissions and educational processes.

#### **ACCOMMODATIONS**

## Accommodations under the Americans with Disabilities Act (ADA)

All applicants and students should be familiar with KYCOM's Technical Standards. Students may submit requests for reasonable accommodations under the Americans with Disabilities Act (ADA) to the Assistant Dean of Students for

Graduate and Health Professions. Applicants with disabilities are expected to provide their requests for accommodations along with submission of their KYCOM secondary applications. Given that student health may change while enrolled, KYCOM students who develop limitations should consult with the Assistant Dean of GHPSA as soon as limitations are diagnosed. Student requests for accommodations under the Americans with Disabilities Act (ADA) should be accompanied by documentation of the disability from an appropriate health care professional along with a waiver that allows KYCOM administration and the health care provider to discuss the requested accommodations. The student will be responsible for the cost of any diagnostic testing that is needed. Students who wish to request accommodations for special learning needs or test-taking should meet with the Associate Dean for Academic Affairs no later than the first week of classes of the fall semester with the appropriate documentation. Determinations concerning accommodations for special learning needs or test-taking conditions will be made by the Associate Dean for Academic Affairs following guidelines established by the National Board of Osteopathic Medical Examiners (NBOME). Further, granting of testing accommodations by KYCOM does not guarantee that similar accommodations will be granted by professional testing organizations, e.g., the National Board of Osteopathic Medical Examiners (NBOME).

#### **APPLICATION PROCESS**

KYCOM participates with other colleges of osteopathic medicine in the centralized application services offered by the American Association of Colleges of Osteopathic Medicine Application Service (AACOMAS). Prospective students must initiate their application to KYCOM by submitting a Primary Application through AACOMAS, which may be obtained by contacting:

AACOMAS 5550 Friendship Boulevard, Suite 310 Chevy Chase MD 20815-7231 Phone: (301) 968-4190

aacomas@aacom.org

Prospective students who have their applications sent to KYCOM for consideration and meet the minimum requirements for admission will be emailed, by the KYCOM Admissions Office, instructions on how to access an online KYCOM Secondary or Supplemental Application. Please note that all application materials received become the property of KYCOM and are not returned to any applicants regardless of determination.

Applicants to KYCOM should submit their complete applications no later than March 1 for review. However, applicants are urged to submit their completed application dossiers to KYCOM as early as possible, since KYCOM admits students on a continuous or rolling basis. Application review begins during summer. Interviews generally begin in October and run through April or until the entering class is filled.

## KYCOM will review applicant files only after all of the following materials have been received:

- 1. A completed AACOMAS application and a completed KYCOM supplemental application, including official MCAT Scores;
- 2. A nonrefundable supplemental application fee of \$75 that is payable to KYCOM; and
- 3. Letters of recommendation
  - a. Requirement: A letter from a physician (preferably a D.O. who is a member of the AOA);
  - b. Requirement: At least one of the following options.
    - i. Letter from Pre-med Committee.
    - ii. Letter from a pre-med advisor and a letter from a science faculty member who is familiar with the applicant's academic work; and
    - iii. Letters from two different science faculty who are familiar with the applicant's academic work

- 4. Recommendations must be written within the two years prior to making application. For example, if applying June 2018 through May 2019, letters should be dated no earlier than June 2016.
- 5. All students are required to meet KYCOM Technical Standards. The Secondary Application requires all applicants to read KYCOM's statement of Technical Standards and to affirm that he or she meets these standards.
- 6. In addition, all applicants to KYCOM must affirm that, if accepted, they will meet all immunizations requirements prior to enrollment.

#### **ADMISSION INTERVIEWS**

The major criteria for rating applicants are academic excellence, commitment to osteopathic primary care, commitment to practice medicine in an underserved area, and personal characteristics. Academic excellence is measured by assessing results of the Medical College Admissions Test, grades, and grade point averages. The degree of difficulty of the program at which the applicant studied is also considered.

After the initial assessment, selected applicants are invited to visit the campus for a personal interview. Interview sessions are conducted on the KYCOM campus and generally begin late September or early October. Approximately 25 applicants are invited to each session to meet with KYCOM administrators and faculty. In addition, first- and second-year KYCOM student ambassadors are also available to welcome applicants, offer their perspectives on being a student at KYCOM, and host tours.

#### **ADMISSION DECISIONS**

After the interviews, the Admissions Committee reviews the interviewers' recommendations. The committee then determines which of the interviewed applicants are to be extended offers of admission, placed on a hold list, or denied admission. Applicants are notified as soon as final admissions decisions are made.

An acceptance fee is required from successful applicants (See Tuition and Fees). Acceptance is conditional until all required documentation is received. Transcripts must be on file prior to matriculation.

#### INTEGRITY

Prospective students seeking admission to KYCOM are expected to demonstrate integrity and professionalism throughout the application and matriculation process. Any intentional misrepresentation, falsification, or omission of all requested application and matriculation information is reason for rejection or dismissal. KYCOM reserves the right to deny admission to any applicant for any reason it deems sufficient. Further, matriculation will be denied to applicants who have failed to maintain a good record of scholastic performance and personal conduct between the time of their acceptance and their matriculation at KYCOM.

## TRANSFER CREDIT

Advanced standing is not generally granted. However, students with exceptional academic credentials earned at another college or university may petition the Associate Dean for Academic Affairs for credit for one or more courses offered by KYCOM.

#### **KYCOM TRANSFER POLICY**

Student transfers to KYCOM are rare. Student requests for transfer to KYCOM should be directed to the Admissions Office. KYCOM does not encourage transfer students, but will consider them in special circumstances. Any transfer student accepted at KYCOM may, at the discretion of the Associate Dean for Academic Affairs, receive credit for courses taken at another medical school.

- Credits may be transferred only from medical schools and colleges accredited either by the Commission on Osteopathic College Accreditation (COCA) or by the Liaison Committee on Medical Education (LCME).
   Transfer credits are given only if the student is eligible for readmission to the previously attended COCA or LCME accredited medical school.
- 2. When a student transfers from another COCA-accredited College of Osteopathic Medicine (COM) to KYCOM, the last two years of instruction must be completed at KYCOM as the COM granting the D.O. degree.
- 3. When students transfer from an LCME-accredited medical school or college to KYCOM, at least two years of instruction must be completed at KYCOM.
- 4. In the case of LCME transfers, KYCOM's requirements for osteopathic manipulative medicine must be completed prior to graduation.

## FINANCIAL AID and TUITION

## **TUITION, FEES, TUITION REFUNDS**

## Tuition, 2019-2020

KYCOM tuition for the 2019-2020 academic year is \$47,420. It is billed by semester. Tuition payments are due at the time of invoicing unless special payment arrangements have been made with the University of Pikeville Business Office. Tuition payments for students with financial aid are processed by the University of Pikeville Business Office. Tuition is subject to change annually. The University reserves the right to change the schedule of tuition and fees without advance notice and to make such changes applicable to current as well as future students.

## **Application Fee**

A nonrefundable fee of \$75 is payable to KYCOM upon submission of KYCOM's application for admission.

## **Acceptance Fee**

A nonrefundable fee of \$1,000 is payable to KYCOM after a student has been accepted in order to confirm his/her placement in the entering class. The fee must be paid within the time period specified by AACOMAS. (<a href="https://www.aacom.org/become-a-doctor/applying/traffic-guidelines">https://www.aacom.org/become-a-doctor/applying/traffic-guidelines</a>.) This fee is then credited toward payment of tuition upon enrollment.

#### **Tuition Refunds**

Tuition is billed by semester for enrolled students. No part of the tuition fee will be refunded to a student who withdraws for any reason after the fourth week of the beginning of an academic semester for first year, second year, third year, or fourth year medical students. For first year students, the first week of the academic calendar consists of the required orientation program.

A request for a tuition fee refund requires written notification to the Assistant Dean of Students for Graduate and Health Professions. This request must be received before the close of business during the week in which the refund is requested. The request for a tuition fee refund requires prior written notification of withdrawal from KYCOM. The tuition fee refund shall be prorated as follows:

100 percent during the first week of an academic semester;

- 75 percent during the second week of an academic semester;
- 50 percent during the third week of an academic semester; and
- 25 percent during the fourth week of an academic semester.

No course, clerkship, or rotation will be credited toward promotion, graduation, or subsequent credit if a student has not paid the required tuition and fees, including any additional tuition incurred by repeating any portion of the regular program.

Current semester balances must be \$0 before students may begin the next semester. The Board of Trustees of the University of Pikeville reserves the right to change the schedule of tuition and fees, without advance notice, and to make such changes applicable to present as well as future students of KYCOM, and to establish additional fees or charges for special services whenever, in their opinion, such actions are deemed advisable. All inquiries concerning the above policies and all requests for refunds should be directed to the KYCOM.

#### **FINANCIAL AID**

Financial aid counseling and assistance is provided to medical students regarding securing financial support to help meet the costs of medical education. Although the Financial Aid Office assists KYCOM students with funding for their medical education, the student is primarily responsible for securing this financing. This means that such things as supplying personal or family documentation, ensuring that a student qualifies for loans by having a favorable credit report, and providing monies for prior commitments are the student's obligations under the system. All documents requested must be received before financial assistance will be processed.

The average osteopathic physician is at least \$240,350 in debt by the time he/she graduates from a college of osteopathic medicine (JAOA April 2019, vol. 119, p. 227). During schooling, most students are required to live at a modest level. The primary obligation for financing a medical education lies with the student, the student's parents, and/or the student's spouse. The federal agencies that make funds available for borrowing do so with the understanding that medical students who receive financial loans should maintain modest living costs.

Every student applying for financial aid must file the Free Application for Federal Student Aid (FAFSA) with the appropriate federal processor to assess aid eligibility. Students may file loan applications and check the status of loans through the Financial Aid Office or online at https://studentloans.gov.

Financial aid as awarded or borrowed under federal programs cannot exceed the KYCOM standardized student budget. Funds are allowed for a student's direct educational costs and for reasonable, approved personal living costs while he or she receives an education. Students must manage their financial aid funding prudently to make it work comfortably. Students must carefully monitor and adhere to their approved budgets.

## **KYCOM ADVANTAGE**

KYCOM Advantage. The vision of KYCOM's founding dean was that our students enter on a level playing field, where those who are admitted with few financial resources have the same educational opportunities as those with greater resources. In order to achieve this goal, KYCOM provides its students an OPP table, white coat and scrub suit, diagnostic equipment (stethoscope, ophthalmoscope, etc.), use of an iPad, and all required texts. All KYCOM students are provided membership in the Student Osteopathic Medical Association (SOMA) and the Kentucky Osteopathic Medical Association (KOMA). Exam fees for the National Board of Osteopathic Medical Examiners COMLEX-USA Level 1 and Level 2 CE board exams are paid by KYCOM for first attempts only. In addition, the KYCOM Advantage also includes a COMLEX-USA Level 1 examination preparation program.

#### **SCHOLARSHIPS and GRANTS**

Information on scholarship availability is available on the medical school's website at https://www.upike.edu/undergraduate/financial-aid/health-professions/kycom-scholarships/

The most commonly awarded scholarships are service commitment scholarships and specific state scholarships that are based on residency status. Please also refer to these websites, www.aacom.org and www.aof-foundation.org, for information on additional scholarship opportunities.

KYCOM students who are Kentucky residents are eligible for an Osteopathic Medicine Scholarship that is administered by the Kentucky Higher Education Assistance Authority (KHEAA). The amount of the scholarship is equal to the difference between the average in-state tuition charged at Kentucky's public medical schools and the tuition charged at KYCOM, which can vary by year. This Kentucky scholarship carries a service requirement for each year the award is received by the student.

Please note that if a student signs a service commitment scholarship while enrolled, he or she may not be able to participate in certain state or federal loan repayment programs after graduation. To be eligible to participate in most loan repayment programs, prior commitments must be fulfilled by service or repayment plan.

#### **LOANS**

The primary loan sources for medical students are the federal Stafford loan programs. The following are maximum borrowing amounts on these programs:

- Federal Stafford Loans:
  - Unsubsidized loans \$40,500 \$47,167 per year
  - Cumulative debt \$224,000
- Federal GRAD PLUS Loan:
  - Cost of education less financial aid per year

The amount a student can borrow is based on criteria defined by the U.S. Department of Education, the KYCOM standardized student budget, and student's level of federal loan indebtedness.

The Unsubsidized Stafford Loan accrues interest from disbursement date. Borrowers must consider the repayment implications and avoid excessive borrowing. KYCOM has a federally-mandated obligation to keep a student's indebtedness to a minimum. A student will receive counseling while in school about the nature of his or her debt and the projected payment schedule.

Borrowing money from these programs is a privilege, not a right; regulations controlling these programs change periodically. Student loans are only to be used for approved education-related expenses and personal living expenses.

Default is the failure of a borrower to make an installment payment when due or to meet other terms of the promissory note. If this happens, it is reasonable to conclude that the borrower no longer intends to honor the obligation to repay. Defaulted loans are reported to national credit agencies, thus affecting credit ratings and future ability to borrow money. KYCOM encourages students to borrow responsibly and to budget prudently and limit living costs. If a student's loan goes into default, the University, the lender, the state, and the federal government can all take action to recover the money.

The federal government can deny a school's participation in the student loan programs, if the school's default rate is too high. Further, the University will withhold release of student records of any individual who is in arrears or in default under any loan or loan program, where such arrears or default adversely affects the University in any way.

#### SATISFACTORY ACADEMIC PROGRESS

KYCOM complies with the Federal requirement that all students who receive financial assistance from Title IV and Title VII funds must maintain satisfactory academic progress toward attainment of the degree of Doctor of Osteopathic Medicine (D.O.). Satisfactory academic progress guidelines to maintain financial aid eligibility follow the academic policies of KYCOM and the academic oversight provided by the KYCOM Promotion and Matriculation (P and M) Committee. In order for a KYCOM student to remain eligible to receive financial aid, the student must be in academic good standing or on an academic plan defined by either the P and M Committee or the KYCOM Dean. All courses must be passed with a grade of 70 percent or higher.

If a student is placed on financial aid suspension, they may appeal this decision. A student appeal should be sent to the Office of Student Financial Services and should outline the extenuating circumstances that contributed to the poor performance. Examples of extenuating circumstances are personal injury/illness, death in family, etc. If the student appeal is approved, the student will be placed on a one semester probationary status.

KYCOM students are expected to make continuous and successful progress through KYCOM's four-year program of study to satisfactorily complete the D.O. degree. For KYCOM students, the maximum time frame for financial aid eligibility is six years. The Financial Aid Office follows student academic progress through information received from the P and M Committee and the UPIKE Office of Graduate and Health Professions Student Affairs. The Financial Aid Office will notify students who are ineligible for continued assistance and will provide them with information regarding their repayment status. Students who are beyond the six-year maximum time frame may consult with the Financial Aid Office for other funding options.

## **ACADEMIC INFORMATION**

#### **ACADEMICS**

The curriculum of KYCOM is expressly designed to provide students with essential elements of the basic and clinical sciences and to meet the mission and objectives of KYCOM. The preclinical curriculum features integration of clinical applications and/ or osteopathic principles within basic science courses and forms the foundation for the third and fourth year clinical curriculum. During year one of the KYCOM curriculum students learn fundamental concepts of medicine and begin development of their physician patient care skills through educational coursework that utilizes standardized patients and human models. During year two, clinical skills development progresses and students participate in preceptorships with community physicians. The sequence of topics is coordinated in both years so that once a topic has been introduced in one course, it may be expanded upon in other courses. Student patient care skills and competencies are further developed during year three and year four clinical rotations.

## **Osteopathic Principles and Practices Fellowship Opportunity**

KYCOM offers an undergraduate teaching fellowship program in Osteopathic Priniciples and Practices/Anatomy. The fellowship offers an invaluable way to enhance skills in Osteopathic Manipulative Medicine and to gain experience in medical education. It is a one-year program in which the student fellow assists in teaching Osteopathic Principles and Practices and Gross Anatomy under the supervision of the course directors/department chairs. Fellows also see patients in the KYCOM OP&P clinic and provide tutoring as needed to students requiring assistance. OP&P fellows participate in the on-campus portion of the fellowship program in one of two different tracks during their clinical years, but the fellowship selection process occurs during the second year. The fellowship program adds a year to the fellows' KYCOM curriculum and delays graduation by one year. Fellows receive a stipend and tuition waiver for the fellowship year.

#### **ACADEMIC POLICIES**

Students are evaluated on the basis of their performance on assignments as well as on their achievements on regularly scheduled written and practical examinations. The results of the examinations, along with reports concerning attendance, conduct, and professional attributes, are considered by the KYCOM Promotion and Matriculation (P and M) Committee to determine student eligibility for promotion into the next year of the KYCOM curriculum and for graduation.

Throughout the KYCOM program of medical education, students are expected to develop and demonstrate qualities, attitudes, and behavioral patterns appropriate to a career in osteopathic medicine and consistent with the osteopathic oath taken at the time of graduation. The student is expected to maintain high standards of personal and professional behavior in interactions with patients, peers, members of the health care team, and the members of the faculty and staff, and to follow KYCOM and health care facility policies and procedures. Integrity is an essential personal quality for successful completion of this D.O. program. Further, students are expected to abide by University, local, state, and federal regulations and laws. Should concerns arise in any of these areas, these student matters may be forwarded to the P and M Committee for its deliberation and recommendation on whether the student may continue in the curriculum.

For more information on KYCOM academic and student policies as well as the responsibilities of the KYCOM Promotion and Matriculation Committee, please refer to the **KYCOM Student Handbook** and the **KYCOM Clinical Rotations Manual**.

## **GRADUATION REQUIREMENTS**

At a faculty meeting preceding commencement, the Promotion and Matriculation Committee certifies to the faculty the names of those students eligible for the degree of Doctor of Osteopathic Medicine, contingent upon the successful completion of all academic, administrative, and financial requirements of the College. The faculty will entertain a motion to approve the candidates and submit the list to the University of Pikeville Board of Trustees for approval.

A student who has fulfilled all of KYCOM's requirements will be granted the degree of Doctor of Osteopathic Medicine. The student requirements for graduation from KYCOM are as follows:

- Satisfactorily meets all the curricular, legal, and financial requirements of KYCOM and of the University.
- Passes the COMLEX-USA Level 1, Level 2 CE, and Level 2 PE examinations within the number of attempts and timelines specified by KYCOM.
- Is at least 21 years of age.
- Demonstrates the ethical, personal, and professional qualities deemed necessary for the successful and continued study and practice of osteopathic medicine.
- Demonstrates suitability for the practice of medicine as evidenced by the assumption of responsibility for patient care and integrity in the conduct of clinical activities.
- Attends, in person, the ceremony at which the degree is conferred.

#### 2019-2020 KYCOM CURRICULUM

#### **FIRST YEAR**

COM#	Credit Hours (for students entering with the class of 2018 and later)
501	8
503	5
504	2
506	4
507	2
510	1
Fall Total	22
502	7
505	3
508	4
509	4
511	1
512	2
<b>Spring Total</b>	21
Year 1 Total	43
601	3
603	3
604	2
606	5
607	2
610	1
	501 503 504 506 507 510 Fall Total 502 505 508 509 511 512 Spring Total Year 1 Total 601 603 604 606 607

Ophthalmology & Otolaryngology	615	1
Nutrition Psychiatry	616 617	1 1
1 Syemati y	Fall Total	23

## **SECOND YEAR** (continued)

Course	COM#	Credit Hours (for students entering with the class of 2018 and later)
Spring Semester		
Pathology II	602	5
Clinical Applications of Osteopathic Medicine II	605	2
Osteopathic Patient Care IV	608	2
Obstetrics & Gynecology	609	2
Current Issues in Medicine IV	611	1
Pharmacology II	613	4
Internal Medicine	614	5
Surgery	618	2
	<b>Spring Total</b>	23
	Year 2 Total	46

#### **BASIC SCIENCES - YEARS 1 and 2**

## **COM 501 Gross Anatomy**

This course presents the macroscopic structure of the human body using a regional approach. Emphasis is placed on the correlation between anatomical structure and function on the one hand and clinical applications on the other. The laboratory sessions include such resources as cadaver dissection, radiographs, MRIs, and CT scans.

#### **COM 502 Physiology**

This course is a study of human physiology, which includes a functional knowledge of cells as well as the functional analysis of selected organ systems. After considering cellular physiology from a molecular and organelle level, students study the autonomic nervous system and muscle physiology. Selected organ systems of focus are the cardiovascular, respiratory, urinary, gastrointestinal and endocrine. With an emphasis on integration and control of the body, introductory concepts of pathophysiology will also be included that allow students to understand alterations in normal physiological parameters.

#### **COM 503 Biochemistry**

Human biochemistry is the study of the human body at the molecular level. Both normal and aberrant processes will be studied to better obtain a grasp of the disease state. The core portion of this course will stress the fundamentals of biochemistry and will be categorized into seven major functions. The sections include: (I) the structure and function of protein; (II) intermediary metabolism; (III) the storage and expression of genetic information; (IV) carbohydrate metabolism: (V) lipid metabolism; (VI) nitrogen metabolism; and (VII) the integration of the above metabolic processes. Dispersed among the above lectures will be clinically relevant material (case histories) to aid in the understanding of both normal and pathological biochemical processes.

## **COM 506 Cell Biology and Developmental Microanatomy**

This course offers a broad understanding of cell biology, microanatomy, and embryology, which collectively can be thought of as the foundation for courses such as physiology, pathology, and obstetrics and gynecology. Microanatomy is often referred to as histology. Histology is defined as the study of tissues and was primarily presented as a microscopic view of the body's tissues and organs. This field has expanded greatly in recent years so that it is much more than visual recognition of tissues. In this course, students will be exposed to cellular and tissue identification as well as cellular physiology. Basic embryology will be covered along with a clinical emphasis on birth defects. An attempt has been made to have lectures in this course correspond as much as possible with those in gross anatomy to give the students both the microscopic and macroscopic views of structures that are being studied.

#### **COM 509 Neuroscience**

In this course, the morphology, circuitry, function and clinical applications of neuroanatomy are presented in lecture, clinical conference, and laboratory sessions. The neuroanatomical basis of the neurological examination and case histories are integrated into the lecture and clinical conferences. The students study major cases, are involved in interactive role-playing, and give case presentations to reinforce the neuroanatomical basis of the neurological examination. Laboratory studies use human specimens and high resolution video to learn brain and spinal cord topography, the meninges, and blood vessels. This course emphasizes the application of neuroanatomical knowledge to clinical situations as well as the development of fundamental neuro-analytical skills.

## **COM 512 Immunology**

This course covers all of the major topics in both basic and clinical immunology. Topics include cells and organs of the immune system, B cell development and activation, T cell development and activation, major histocompatibility complex, antigen processing and presentation, antibody diversity, tolerance, complement, cytokines, inflammation, hypersensitivity, vaccination, autoimmunity and immunodeficiency diseases, and host pathogen interactions. Case presentations are discussed.

## COM 601 Pathology I

Pathology is the study of disease. The study of pathology includes the cause of disease (etiology), the mechanisms by which a causative agent leads to disease (pathogenesis), and the structural and functional consequences of disease. In this course, the student will learn fundamental concepts in pathology that are universal to better understanding human disease. These concepts include but are not limited to cell injury and tissue repair, genetic and environmental factors, neoplasia, the role of the immune system, and hemodynamic mechanisms.

## COM 602 Pathology II

This course applies the general principles of pathology to a detailed examination of human disease by organ system. Laboratory tests and computer images of gross pathologic, microscopic, and radiologic materials are included to enhance student understanding of disease. Case studies and clinicopathological conferences are used to further dissect disease mechanisms and their structural/ functional consequences.

#### COM 606 Microbiology

This course presents virology, bacteriology, mycology, and parasitology from a medical standpoint, emphasizing morphology, physiology, life history, pathogenicity, epidemiology, diagnosis, therapy, and prevention. A case history/ problem-solving approach to infectious diseases will be incorporated into the last part of the course and will emphasize such clinical aspects as etiology, patient management, specimen collection, laboratory tests, pathologic findings, and prognosis.

## **COM 612 Pharmacology I**

This course is an in depth study of medical pharmacology emphasizing the basis for applied clinical therapeutics. All major classes of pharmacological agents used by today's physician are evaluated. Cellular mechanisms of action are studied in detail, particularly with regard to pathological abnormalities. When applicable, case studies involving applied therapeutics are utilized to illustrate the pharmacological basis of drug therapy. Pharmacology I will focus on four primary topics: General Principles in Pharmacology, Antimicrobial agents, Endocrine Pharmacology, and Neuropharmacology.

## COM 613 Pharmacology II

This course is an in depth study of medical pharmacology emphasizing the basis for applied clinical therapeutics. All major classes of pharmacological agents used by today's physician are evaluated. Cellular mechanisms of action are studied in detail, particularly with regard to pathological abnormalities. When applicable, case studies involving applied therapeutics are utilized to illustrate the pharmacological basis of drug therapy. Pharmacology II will focus on drugs useful for various organ systems including: Cardiovascular, Renal, Gastrointestinal, Respiratory, and Hematopoietic. In addition, the Pharmacology of Histamine, NSAIDs, Gout, Arthritis, and Cancer Chemotherapy will be covered. The course will conclude with a series of Special Topics in Pharmacology.

#### **COM 616 Nutrition**

Nutrients are the constituents of food necessary to sustain the normal functions of life. The constituents provide both energy and "essential" molecules that either cannot be synthesized by the body or cannot be synthesized at a rate sufficient to meet

the demands of growth and maintenance. Essential nutrients include specific amino acids, fatty acids, vitamins, and minerals. Classical vitamin deficiency will be presented from a historical perspective, while the main emphasis of the course will concentrate upon nutrition and chronic disease, e.g., coronary heart disease, diabetes, alcoholism, and cancer. Additionally, special dietary requirements of pregnant women, neonates, and the elderly will be discussed from the viewpoint that correct nutrition can improve the health and lifestyles of all individuals.

#### CLINICAL SCIENCES - YEARS 1 and 2

## **COM 504 Principles of Osteopathic Medicine I**

The first year osteopathic medical student is introduced to the basic premises of osteopathy: (1) A person is the union of body, mind and spirit; (2) The body has the capacity for self-healing and self-regulation; (3) Structure and func- tion are reciprocally interrelated; and (4) Rational treatment is based on the understanding and integration of these principles. The principles of anatomy and neuromuscular physiology are emphasized as well as the anatomic and physiologic basis of osteopathic manipulative treatment techniques. Over the course of the first semester, students begin to appreciate the functional anatomy of the musculoskeletal system, learn to diagnose somatic dysfunction, and learn basic techniques to address somatic dysfunction with osteopathic manipulative treatment (OMT).

## **COM 505 Principles of Osteopathic Medicine II**

This course expands upon the knowledge and skills gained in Principles of Osteopathic Medicine I. Student will continue to learn the functional anatomy, examination of, and fundamental osteopathic manipulative techniques for the treatment of the rest of the axial skeleton and extremities. Principles of Osteopathic Medicine I and II serve as the foundation for the clinical applications taught in the second year.

## COM 507 Osteopathic Patient Care (OPC) I

This course provides the first year osteopathic medical student with a fundamental overview of the ethical issues relevant to establishing a trusting physician- patient relationship, the skills needed to critically evaluate medical literature, and how to obtain a complete patient history. The student will be assessed on their knowledge as related to these topics but also on their practical skills as related to: (1) the patient interview; (2) ability to apply a basic knowledge of legal and ethical issues associated with treatment; and (3) the process of good clinical judgment in the delivery of quality all-encompassing osteopathic patient care. Other essential components of the course will include healthcare related laws and implications, research and publication, and intellectual property. The course offers a weekly lecture and practical laboratory/group discussion series along with an opportunity for students to interact with Standardized Patients/Human models and simulation(s) where appropriate.

## COM 508 Osteopathic Patient Care (OPC) II

This course is a continuation of OPC I and prepares the first year osteopathic medical student on how to perform a proper patient history and physical examination. The student will be assessed not only on their knowledge related to this activity but also on their practical skills with regard to: (1) the appropriate patient interview; (2) performance of the physical examination; and (3) the process of good clinical judgment in the delivery of quality, compassionate, evidence-based osteopathic patient care. The course includes a weekly lecture and practical laboratory/group discussion series along with an opportunity for students to interact with Standardized Patients/Human models and simulation(s) where appropriate.

## COM 510, 511, 610, 611 Current Issues in Medicine I, II, III, IV

Osteopathic physicians and other professionals present lectures on specific topics related to the osteopathic profession and the practice of primary care medicine.

## **COM 603 Pediatrics**

This course introduces KYCOM students to the diagnosis and treatment of diseases in infants and children, including immunizations, nutrition, and neonatology.

## **COM 604 Clinical Applications of Osteopathic Medicine I**

Osteopathic diagnosis and treatment techniques and regional anatomy learned in the first year will be reviewed and advanced principles will be added to enhance the existing knowledge base. New techniques to be introduced include Facilitated Positional

Release and Still technique, visceral manipulation and Osteopathy in the Cranial Field. The role of the autonomic nervous system will be stressed and Chapman's points will be introduced in preparation for the integration of osteopathic concepts in clinical situations.

## **COM 605 Clinical Applications of Osteopathic Medicine II**

The practical application of osteopathic principles to clinical situations is emphasized. Clinical topics include: Low Back Pain, Neck and Upper Extremity Pain, Headache, Orthopedic and Rheumatologic illness, Pregnancy and Gynecological problems, Respiratory illness, Cardiovascular disease, Gastrointestinal illness. This course also covers the approach to treatment of the hospitalized, post-surgical, and pediatric patients. By the end of this semester, students will have the knowledge and skill to apply osteopathic principles and treatment in most situations they will encounter during the clinical years of training.

## COM 607 Osteopathic Patient Care (OPC) III

This second year course is a continuation of the OPC courses taught in the first year and will expand upon the concepts essential for a student doctor in training to become a well-rounded, prepared, and successful Osteopathic Physician. Second year osteopathic medical students will be expected to supplement and broaden their fundamental knowledge of ethical and legal issues along with understanding ways to acknowledge cultural differences in communicating with patients, evidence-based medicine, and how to perform a proper patient history and physical examination along with mastering the basic procedural skills essential in everyday osteopathic patient care. Students will be assessed on the additional knowledge gained related to patient history and physical exam skills, on abilities to build good, solid patient-physician and collegial relationships, and also on practical skills utilizing standardized patient and patient simulation venues.

## COM 608 Osteopathic Patient Care (OPC) IV

This second year course is a continuation of the OPC I-III course series and serves to further expand and develop the world of osteopathic patient care through a multifaceted approach. The course will include weekly didactic and practical laboratory/group discussion series, self-directed and online exercises (via case scenarios and/or preparation of an interesting evidence-based patient case presentation in conjunction with the student's scheduled KYCOM Clinical Experience(s)). Emphasis will be placed on additional development of proper history-taking and physical examination skills, critical thinking skills, ordering and interpreting pertinent labs and other studies (e.g. EKGs, CXR, blood work, etc.), differential diagnosis formulation, construction of treatment plans, and doctor-patient communication skills. Other essential components of the course include physicians' relationships with patients and social dilemmas in medicine. The course includes an opportunity for students to interact with Standardized Patients/Human models and simulation(s) where appropriate.

## **COM 609 Obstetrics/Gynecology**

This is a course that introduces KYCOM students to gynecological disorders and their treatment, including malignancies, family planning, diseases, infections, obstetrics, and preventive care.

#### **COM 614 Internal Medicine**

This is a course that reinforces KYCOM student knowledge of clinical topics in the diagnosis and treatment of various specific disease states. Lectures cover Cardiology, Neurology, Pulmonology, Rheumatology, Nephrology, Gastroenterology, Emergency Medicine, and other subspecialty subjects. It is designed as a preparatory course for third-year clinical rotations. Students will also receive certification in Basic Cardiac Life Support (BCLS) and Advanced Cardiac Life Support (ACLS).

## COM 615 Ophthalmology/Otolaryngology

This course is designed to teach second-year students in the basic understanding of diseases of the eye, ear, nose and throat (EENT). The course emphasizes examination techniques of the various components while emphasizing the basic anatomy, anatomic abnormalities, as well as acute and chronic disease states and subsequent treatment options.

## **COM 617 Psychiatry**

This course is designed to give the student an introduction to general psychiatric assessment and diagnostic modalities. The topics of psychosocial, medical, and other acute or chronic interventions will be included.

## **COM 618 Surgery**

This course reinforces KYCOM student knowledge of clinical topics of general surgery and surgery subspecialties. Lectures encompass various surgical topics that include general, cardiothoracic, orthopedic, and urologic surgery. It is a preparatory course for third-year clinical rotations.

#### OVERVIEW OF CLINICAL ROTATION CURRICULUM - YEARS 3 and 4

The mission of the University of Pikeville - Kentucky College of Osteopathic Medicine (KYCOM) centers on preparation of students as competent practitioners of primary care medicine. A successful KYCOM graduate will, after completion of the program, demonstrate sufficient knowledge, skill sets, experiences, values, and behaviors that meet established professional standards, supported by the best available medical evidence, that are in the best interest of the well-being and health of the patient. The maturation process from clinical years three to four, and ultimately to successful graduation is the shared responsibility of the individual student, KYCOM, and the hospitals and physicians that provide the clinical experiences.

Students are assigned to third-year Core Clinical Rotations at KYCOM clinical sites within Kentucky and at clinical sites in Indiana, Michigan, Mississippi, Ohio, Pennsylvania, Tennessee, and Virginia. The required Core Clinical Rotations include Family Medicine, General Internal Medicine, Pediatrics, General Surgery, Women's Health, and Psychiatry. The required Selective Clinical Rotations consist of Emergency Medicine, Clinical Osteopathic Medicine, Internal Medicine subspecialty, Rural Medicine, and Women's Health.

During the third and fourth years, a total of 21 four-week rotation blocks have been provided to complete 76 weeks of rotation requirements that include:

- 1. 36 weeks of required Core Clinical Rotations (9 blocks)
- 2. 20 weeks of required Selective Clinical Rotations (5 blocks)
- 3. 20 weeks of Elective Clinical Rotations (5 blocks)
- 4. 8 weeks for COMLEX-USA exam preparation (2 blocks)

The schedule includes two weeks at the end of the third year devoted to clinical skills evaluation plus four weeks of winter holiday breaks (2 weeks per year, per KYCOM calendar).

## YEAR 3 REQUIRED CLINICAL ROTATION DESCRIPTIONS

Each required clinical rotation is 4 weeks in length. For students entering in the Class of 2018 and later, each 4-week rotation is 4 credit hours.

#### COM 703 Osteopathic Patient Care (OPC) V

This third year didactic course is one credit hour. OPC V is a continuation of the OPC I-IV course(s) and serves to further expand and develop the world of osteopathic patient care through a multifaceted approach. This course is a standard didactic program for third year students. This course consists of recorded modules and online exercises (via Panopto Video Center and/or the AOPTIC website in addition to pre-video and post-video exams on the course management system). Essential components of the course include reinforcement of principles of medical issues incurred after graduation including but not limited to, osteopathic manipulative treatment, physicians' relationship with patients and social dilemmas in medicine, pain management, physician payment systems, substance abuse, landmark trials and Good Samaritan laws.

## COM 704 Osteopathic Patient Care (OPC) VI

This third year didactic course is one credit hour. OPC VI is a continuation of the OPC I-V course(s) and serves to further expand and develop the world of osteopathic patient care through a multifaceted approach. This course consists of recorded modules and online exercises (via Panopto Video Center and/or the AOPTIC website in addition to pre-video and post-video exams on the course management system). Essential components of the course include reinforcement of principles of medical issues incurred

after graduation including but not limited to, osteopathic manipulative treatment, physicians' relationship with patients and social dilemmas in medicine, pain management, physician payment systems, substance abuse, a journal club, landmark trials and Good Samaritan laws. The course includes the "Capstone Course," with modules that have been developed to portray clinical encounters commonly seen by the osteopathic physician in either the outpatient, primary care, or emergency department settings. For additional information, see the KYCOM Clinical Rotations Handbook (page 30-31).

#### COM 705 Women's Health

Women's Health is a mandatory third-year core rotation. The third year osteopathic medical student is introduced to the evaluation and management of the adult female patient in inpatient and outpatient settings. Preventive care, family planning, malignancy, infectious diseases, urinary, ovarian and uterine disorders, endocrine disorders, and the obstetrical patient are inclusive within the women's health program.

#### COM 706 Pediatrics I

Pediatrics I is a mandatory third-year core rotation. The third year osteopathic medical student is progressed from the second year introductory pediatrics course to experience the care of infants, children, and adolescents in the out-patient population. Common childhood diseases, genetic and developmental disorders, preventive health care, physical examination skills, and diagnosis and management strategies are among the rotation's experiences.

## **COM 708 Family Medicine I**

Family Medicine I is a mandatory third year core rotation that may be served in either the inpatient or outpatient setting. The third year osteopathic medical student is progressed from the clinical courses introduced during the two pre-clinical years to their application in patient care. A hospital setting is preferable, however, course objectives can be achieved in an office setting. Preventive care, family planning, end of life care, acute and chronic care applied across all age groups, coordination of medical services, and the operation of a professional practice are among the many experiences gained over the four weeks.

#### **COM 709 Family Medicine II**

Family Medicine II is a mandatory, third year core rotation that may be served preferably in an office based setting, however, can be accomplished in an inpatient setting. The osteopathic medical student is, under preceptor supervision, actively engaged in both the care and the medical decision-making for both the inpatient and outpatient population. During the four weeks, the osteopathic medical student will evaluate patients, develop comprehensive care plans, and experience the responsibilities associated with physician actions. Prerequisite: COM 708.

## **COM 718 Psychiatry**

Psychiatry is a mandatory, third year core rotation served in an inpatient set- ting. The osteopathic medical student is, under preceptor supervision, actively engaged in the evaluation and care for the hospitalized psychiatric patient. During the four weeks, the osteopathic medical student will interview and evaluate patients, perform an admission history and physical on all admitted patients, and develop multiaxial assessments on all patients seen.

## **COM 720 General Internal Medicine I**

General Internal Medicine I is a mandatory hospital-based, third year core rotation. The third-year osteopathic medical student is progressed from second year courses, Introductory Internal Medicine and Clinical Applications of Osteopathic Medicine I and II to practical application in the hospital setting. Students will develop their understanding of the pathophysiology of cardiovascular, cerebrovascular, pulmonary, renal, gastrointestinal, and endocrine disorders from the patient population seen. As a member of the internal medicine team, under the supervision of a general internist, the osteopathic medical student participates in the admission, hospital care, and discharge of the patients served.

#### COM 721 General Internal Medicine II

General Internal Medicine II is a mandatory hospital-based, third year core rotation. The osteopathic medical student, under the supervision of a general internist and residents, is encouraged to incorporate evaluative skills and experience-based medical information to develop a comprehensive treatment regimen based on logical medical decision-making. Prerequisite: COM 720.

## **COM 740 General Surgery I**

General Surgery I is a mandatory third-year core rotation. The third year osteopathic medical student is introduced to the evaluation and management of the surgical patient in the hospital setting. Objectives include: 1. To provide a framework for care of the surgical patient, 2. To identify and apply core osteopathic concepts to the care of the surgical patient, 3. To experience the pathophysiology relevant to affected organ systems and the efficacy of surgical care, 4. To expose students to an evaluative approach to diagnosis and management of the surgical patient by use of physical examination, laboratory and diagnostic testing, evidence-based medicine, and 5. To provide knowledge of common operative procedures and equipment.

## **COM 741 General Surgery II**

General Surgery II is a mandatory hospital-based third-year core rotation. The third year osteopathic medical student is engaged to exercise diagnostic skills to evaluate the surgical patient, hone surgical skills as an assistant in the operating room suite, and develop an appreciation for evidence-based surgical care criteria, and their influence on surgical care plans. Prerequisite: COM 740.

## **ASSESSMENT OF AOA CORE COMPETENCIES**

The AOA supports seven core competencies, the first being "osteopathic philosophy and osteopathic manipulative medicine (OMM)." Osteopathic medicine is a complete system of medical care with a philosophy that combines the needs of the patient with the current practice of medicine, and emphasizes the interrelation between structure and function that appreciates the body's ability to heal itself.

Osteopathic philosophy is a concept of healthcare that embraces the unity of the living organism's structure (anatomy) and function (physiology). Osteopathic philosophy emphasizes the following principles:

- The human being is a dynamic unit of function,
- The body possesses self-regulatory mechanisms that are self-healing in nature,
- Structure and function are interrelated at all levels, and
- Rational treatment is based on these principles.

In addition to competency in osteopathic philosophy and OMM, the AOA's core competencies include medical knowledge, patient care, professionalism, interpersonal and communication skills, practice-based learning and improvement, and systems- based practice. For example, osteopathic philosophy requires that residents and physicians demonstrate evidence that preventive medicine is part of the treatment plan for patient care, that the patient's family is involved in decision making (communication skills), and that osteopathic manipulative treatment (OMT) is documented in the treatment plan (practice- based learning). The AOA Core Competencies and the assessment methods utilized by KYCOM to measure these competencies are described in the student assessment plan that follows.

#### AOA CORE COMPETENCY DESCRIPTIONS

#### **AOA Competency 1: Osteopathic Principles and Practices**

Demonstrate and apply knowledge of accepted standards in Osteopathic Manipulative Treatment (OMT) appropriate to their specialty. The educational goal is to train a skilled and competent osteopathic practitioner who remains dedicated to life-long learning and to practice habits in osteopathic philosophy and manipulative medicine.

## **AOA Competency 2: Medical Knowledge**

Demonstrate and apply knowledge of accepted standards of clinical medicine in their respective specialty area, remain current with new developments in medicine, and participate in life-long learning activities, including research.

## **AOA Competency 3: Osteopathic Patient Care**

Demonstrate the ability to effectively treat patients, provide medical care that incorporates the osteopathic philosophy, patient empathy, awareness of behavioral issues, the incorporation of preventive medicine, and health promotion.

#### **AOA Competency 4: Interpersonal and Communication Skills**

Demonstrate interpersonal and communication skills that enable them to establish and maintain professional relationships with patients, families, and other members of health care teams.

## **AOA Competency 5: Professionalism**

Uphold the Osteopathic Oath in the conduct of their professional activities that promote advocacy of patient welfare, adherence to ethical principles, collaboration with health professionals, life-long learning, and sensitivity to a diverse patient population. Practitioners should be cognizant of their own physical and mental health in order to care effectively for patients.

#### AOA Competency 6: Osteopathic Medical Practice-Based Learning and Improvement

Demonstrate the ability to critically evaluate methods of clinical practice, integrate evidence-based medicine into patient care, show an understanding of research methods, and improve patient care practices.

## **AOA Competency 7: Systems-Based Osteopathic Medical Practice**

Demonstrate an understanding of health care delivery systems, provide effective and qualitative patient care within the system, and practice cost-effective medicine.

## POST-UNDERGRADUATE BIOMEDICAL SCIENCES CERTIFICATE PROGRAM

The Kentucky College of Osteopathic Medicine and the Kentucky College of Optometry offer a joint, one-year post-undergraduate biomedical sciences certificate to provide a strong foundation in preparation for admission to the D.O. or O.D. program. Certificate courses are taught by full-time KYCOM/KYCO biomedical sciences faculty and students enrolled in this certificate program are taught alongside matriculating medical and optometry students.

#### **Admission Criteria**

Applicants for this program must have applied to KYCOM or KYCO for admission through the appropriate application service (AACOMAS for KYCOM; or OptomCAS for KYCO), including submission of letters of recommendation. The applicant must have no less than an undergraduate GPA of 2.70 and an OAT score of 270 or MCAT score of 490.

#### Acceptance for KYCOM or KYCO interview

Any student enrolled in the University of Pikeville Biomedical Sciences Certificate Program who attains at least the class average in every course, and earns an OAT score of 300 or higher, or MCAT score of 500 or higher, will be offered an automatic admission interview in KYCO or

KYCOM, respectively. If granted admission into either KYCOM or KYCO, there will be no option for opting out of any medical or optometry school courses. It is imperative for the future success of the student on licensing board examinations that all students enrolled in professional school programs take the full course load during all semesters.

## Tuition, Financial Aid and Process for Withdrawal

Tuition for this program shall be 2/3, of the current academic year KYCOM student tuition, payable as 50% of the academic year tuition by the first day of each semester. Students will work with the University Office of Financial Aid regarding any opportunities for financial aid. There are no guarantees that any student will be eligible for a financial aid package. Any student who withdraws from the program will be subject to the current withdrawal and tuition reimbursement policy as outlined in the KYCOM Student Handbook.

## **KYCO/KYCOM Student Advantage Program**

Students enrolled in this program are not considered to be enrolled as an optometry or osteopathic medical student, and therefore not eligible for receipt of the benefits of the KYCO or KYCOM Student Advantage Programs. However, students enrolled in the Biomedical Sciences Certificate Program will receive an I-Pad Pro, with access to the appropriate course E-textbooks and electronic resources. Any student who does not complete the full year program will be required to return the I-pad Pro (including the Apple pencil and keyboard) to the University in good working condition.

#### **Student Policies and Conduct**

All students enrolled in the Biomedical Sciences Certificate Program will be held to the same polices, processes, and standards of conduct as published in the KYCOM Student Handbook. In addition, all postbac students will have the same rights and privileges as outlined in the most recent KYCOM Student Handbook.

#### 2019-2020 BIOMEDICAL SCIENCES CERTIFICATE CURRICULUM

#### **ONE-YEAR PROGRAM**

Course	PBAC#	<b>Credit Hours</b>
Fall Semester Gross Anatomy, Histology & Radiographic Techiniques Genetics, Biochemistry & Metabolism MCAT or OAT Preparation Course	516 517	5 4 1
Basic Life Support	Fall Total	1 11
Spring Semester		
Physiology	502	7
Neuroscience	509	4
Immunology	512	2
	Spring Total Program Total	13 24

## **BIOMEDICAL SCIENCES COURSE DESCRIPTIONS**

## PBAC 516: Gross Anatomy, Histology and Radiographic Techniques

This course is a lecture and laboratory course that uses a regional approach to the study of human gross anatomy utilizing interactive 3D computer instructional programs, models and radiologic images. Emphasis is placed on the correlation between anatomical structure and function on the one hand and clinical imaging applications on the other. The laboratory reinforces and reviews material covered in lecture sessions and organizes and clarifies conceptually difficult content. Laboratories are taught utilizing individual, interactive 3D computer stations that help the student understand the three-dimensionality of human body structures and their relationships, both in the body and in images provided by various medical imaging techniques.

#### PBAC 516: Genetics, Biochemistry and Metabolism

This course is designed to provide a basis for the fundamental understanding of biochemistry and genetics. Diseases will be discussed from genetic, metabolic and/or nutritional viewpoints and compared with normal biochemical processes. The course will explain pathologies at the molecular level and will emphasize biochemical principles. It will provide the student with the level of contemporary knowledge base that will lead to an understanding of the etiologies and implications of metabolic and inherited conditions.

## **PBAC 502: Physiology**

This course is a study of human physiology, which includes a functional knowledge of cells as well as the functional analysis of selected organ systems. After considering cellular physiology from a molecular and organelle level, students study the

autonomic nervous system and muscle physiology. Selected organ systems of focus are the cardiovascular, respiratory, urinary, gastrointestinal and endocrine. With an emphasis on integration and control of the body, introductory concepts of pathophysiology will also be included that allow students to understand alterations in normal physiological parameters.

#### **PBAC 509: Neuroscience**

In this course, the morphology, circuitry, function and clinical applications of neuroanatomy are presented in lecture, clinical conference, and laboratory sessions. The neuroanatomical basis of the neurological examination and case histories are integrated into the lecture and clinical conferences. The students study major cases, are involved in interactive role-playing, and give case presentations to reinforce the neuroanatomical basis of the neurological examination. Laboratory studies use human specimens and high resolution video to learn brain and spinal cord topography, the meninges, and blood vessels. This course emphasizes the application of neuroanatomical knowledge to clinical situations as well as the development of fundamental neuro-analytical skills.

## **PBAC 512: Immunology**

This course covers all of the major topics in both basic and clinical immunology. Topics include cells and organs of the immune system, B cell development and activation, T cell development and activation, major histocompatibility complex, antigen processing and presentation, antibody diversity, tolerance, complement, cytokines, inflammation, hypersensitivity, vaccination, autoimmunity and immunodeficiency diseases, and host pathogen interactions. Case presentations are discussed.

## FAMILY EDUCATIONAL RIGHTS and PRIVACY ACT (FERPA) POLICY

The University of Pikeville's policy with respect to its student educational records adheres to the requirements and regulations of the Family Educational Rights and Privacy Act. These rights transfer to the student when he or she reaches the age of 18 or attends a school beyond the high school level. Students to whom the rights have transferred are "eligible students."

Education records are records that are directly related to a student, maintained by an educational agency or institution, or by a party acting for the agency or institution. Record means any information maintained in any way, including, but not limited to: handwriting, video, audio tape, computer media, film, print, microfilm and microfiche.

The Family Educational Rights and Privacy Act (FERPA), (20 U.S.C. § 1232g; 34 CFR Part 99), is a federal law that protects the privacy of student education records. FERPA places limitations on the disclosure of personally identifiable information maintained by University of Pikeville with respect to students and limits access to educational records; including the right to inspect and review; right to consent to disclosures, with certain exceptions; the right to obtain copies; the right to seek amendment or correction of such records through informal and formal internal procedures; and the right to place a statement in such educational records explaining any information which the student believes to be inaccurate or misleading.

In accord with FERPA regulations, the University of Pikeville holds certain information to be "directory information," and therefore, subject to disclosure without prior consent from the student. Unless written objection is received no later than 30 days from the commencement of the academic year, the University of Pikeville designates the following items as directory information:

- Student's Name
- Address
- Electronic mail address (UPIKE only)
- Telephone listing
- Date and place of birth
- Photographs
- Major field(s) of study
- Dates of attendance
- Enrollment Status (full-time; part-time, undergraduate, graduate, professional)
- Most recent previous school attended
- Degrees awarded
- Classification/Grade Level
- Name of the undergraduate, graduate, and/or professional school attended
- Participation in officially recognized activities and sports
- Weight and height of athletes
- Honors and awards received

Educational records may be disclosed to school officials (administrators, staff, faculty, coaches, individuals and/or organizations to whom the University has contracted or are conducting studies on behalf of the University for services, studies, or research) who have a "legitimate educational interest" in the student without prior consent of the student. "School official" is defined by the Department of Education as the following:

- Person employed by the University in an administrative, supervisory, academic or research, or support staff position (including law enforcement unit personnel and health staff)
- Person or company with whom the University has contracted as its agent to provide a service instead of using University employees or officials (such as an attorney, auditor, or collection agent)
- Person serving on the Board of Trustees; and/or
- Student serving on an official committee, such as a disciplinary or grievance committee, or assisting another school official in performing his or her tasks

A school official has a "legitimate educational interest" if a review of a student's record is necessary to fulfill the official's professional responsibilities to the University. School officials may have legitimate educational interests both in students who are currently enrolled and in those no longer enrolled.

If a significant threat to the health or safety of a student or other individual is determined, university personnel may disclose information from education records to any person, including parents, whose knowledge of the information is necessary to protect the health or safety of the student or other individuals. University personnel must maintain a record of the significant threat that formed the rational basis for the disclosure.

Other exceptions to education records include: sole possession records, records created and maintained by a law enforcement unit for a law enforcement purpose, employment records (unless contingent on attendance), medical records made and maintained in the course of treatment and disclosed only to those individuals providing treatment, records that only contain information about a student after he or she is no longer a student at the University of Pikeville (i.e. alumni records).

Objections must be in writing, signed and dated by the student, and be directed to the University of Pikeville Registrar's Office. Complaints regarding alleged violations of rights accorded students by the Family Educational Rights and Privacy Act may be directed to: Family Policy Compliance Office U.S. Department of Education, 400 Maryland Ave. S.W., Washington, D.C. 20202-8520. For additional information: <a href="http://www.aacrao.org">http://www.aacrao.org</a>.

## **KYCOM STUDENT ASSESSMENT PLAN**

## **Mission Statement**

The mission of the University of Pikeville - Kentucky College of Osteopathic Medicine (KYCOM) is to provide men and women with an osteopathic medical education that emphasizes primary care, encourages research, promotes lifelong scholarly activity, and produces graduates who are committed to serving the health care needs of communities in rural Kentucky and other Appalachian regions.

Goals and Objectives	Outcomes	Assessment Methods	Additional Tools
To educate Osteopathic medical	Osteopathic Philosophy and	First and Second Year:	External Surveys
students in the art and science of osteopathic medicine using the most current research in clinical and basic sciences.  a. Provide opportunities for research and scholarly activity for students and faculty. b. Advance medical knowledge and the quality of health care throug educational, scientific, and clinical research.	Osteopathic Manipulative Treatment  a. The Candidate shall demonstrate knowledge to recognize the need and to apply appropriate OMT in the clinical setting. b. The Candidate shall demonstrate the ability to utilize Osteopathic philosophy, principles, and practices including the application of Osteopathic Manipulative Treatment into an appropriate medical care plan for the patient. c. The Candidate shall demonstrate sufficient depth of knowledge and skills to integrate Osteopathic principles and philosophy into all aspects of patient care.	OPP course/lab OPC course/lab ISAs and OSCEs Clinical Involvement COMLEX Level 1 Block exams In-class quizzes  Third and Fourth Year: KYCOM Video/OMT grand rounds Third exams Clinical rotations COMLEX Level 2-CE and PE KYCOM Alumni Survey	including the AACOM Survey of Student Indebtedness and Career Plans  • COMLEX Level 3
To offer a curriculum that integrates a strong foundation of medical knowledge with the professional, cultural and ethical traits desired in its students and graduates.	a. The Candidate shall demonstrate a comprehension of the concepts and principles of the biomedical, biomechanical, and clinical aspects of osteopathic medicine and related sciences by recognizing the key elements of the patient presentations.  b. The Candidate shall demonstrate an understanding of the important physician interventions required to evaluate, manage and treat the clinical	First and Second Year:  Discipline course/lab First and OPC course/lab ISAs and OSCEs Clinical involvement COMLEX Level 1  Third and Fourth Year: KYCOM Video/OMT grand rounds Hr year case presentations Clinical rotations Preceptor evaluations COMAT scores KYCOM Alumni Survey	<ul> <li>External surveys including the AACOM Survey of Student Indebtedness and Career Plans</li> <li>OPP fellowships</li> <li>AOA poster presentations</li> <li>Other research opportunities</li> </ul>

To provide a curriculum that promotes and measures student competencies to enhance the development of future osteopathic physicians who are competent practitioners of patient- centered, quality medical care.  a. Prepare students to pass the COMLEX-USA board exams. b. Incorporate clinical teaching throughout the four-year curriculum. c. Promote the acquisition of the core competencies during student clinical rotations. d. Develop and maintain clinical education sites in rural and underserved Kentucky and Appalachian areas that promote providing rural primary care within our region.	presentations that will be or may be experienced in the course of practicing osteopathic medicine  Patient Care  a. The Candidate shall demonstrate the ability to gather accurate, essential data from all sources, including the medical interview with the patient, secondary sources, medical records, and physical examination, including structural and palpatory examinations, regardless of patient age or clinical setting.  b. The Candidate shall demonstrate the ability to formulate a differential diagnosis based on the patient evaluation and epidemiologic data, to prioritize diagnoses appropriately, and to determine the nature of the concern or problem, regardless of the patient's age or clinical setting.  c. The Candidate shall demonstrate the	First and Second Year:  Discipline course/lab OPC course/lab ISAs and OSCEs Clinical Involvement COMLEX Level 1  Third and Fourth Year: KYCOM Video/OMT grand rounds Hyear case presentation Clinical rotations COMLEX Level 2-CE and PE Preceptor evaluations KYCOM Alumni Survey COMAT Patient logs	<ul> <li>External surveys including the AACOM Survey of Student Indebtedness and Career Plans</li> <li>Non-traditional medical opportunities (e.g., health-related mission trips)</li> </ul>
primary care within	of the concern or problem, regardless of the patient's age or clinical setting. c. The Candidate shall		
	and evidence- based and cost- effective elements. d. The Candidate must demonstrate the ability to provide health care services		

To offer a curriculum that	that are consistent with osteopathic principles and practices, including an emphasis on preventive medicine and health promotion that is based on best medical evidence. e. The Candidate shall demonstrate skill and proficiency in performing basic clinical procedures considered essential to a generalist osteopathic medical practice, or to a specific area of practice, including osteopathic manipulative treatment. f. The Candidate shall demonstrate the ability to counsel and educate patients appropriately. g. The Candidate shall demonstrate the ability to work effectively with other members of the health care team in providing patient-centered care, including synthesizing and documenting clinical findings, impression, and plan, and to use information technology to support diagnostic and therapeutic decisions.  Interpersonal and	First and Second Year:	• Participation in
integrates a strong foundation of medical knowledge with the professional, cultural and ethical traits desired in its students and graduates.	Communications Skills  a. The Candidate shall demonstrate patient-centered care, including the ability to effectively build the physician-patient partnership, open patient interviews by encouraging the patient to fully express concerns, gather information appropriately,	Discipline course/lab     OPC course/lab     ISAs and OSCEs     Filming and analysis of volunteer patient focused History & Physical     Clinical Involvement  Third and Fourth Year:     4th year case presentation     Clinical rotations     Preceptor evaluations	<ul> <li>Participation in student organizations (e.g., SGA, SOMA, CMDA, etc.)</li> <li>COMLEX Level 1</li> <li>External surveys including the AACOM Survey of Student Indebtedness and Career Plans</li> <li>COMLEX Level 3</li> </ul>
	understand the patient's perspective, share information appropriately, reach	COMLEX Level 2-PE     KYCOM Alumni Survey	

	agreement on problems or plans, and provide appropriate closure.  b. The Candidate shall demonstrate effective written and electronic communication in dealing with patients and other health care professionals.  c. The Candidate shall demonstrate the ability to work effectively with other health professionals as a member or leader of a health-care team.		
To prepare physicians committed to improving access to quality, competent, and patient- centered medical care for all, with an emphasis on developing primary care physicians for underserved and rural communities.	a. The Candidate shall demonstrate sufficient knowledge of the behavioral and social sciences that provide the foundation for the professionalism competency, including medical ethics, social accountability and responsibility.  b. The Candidate shall demonstrate humanistic behavior, including respect, compassion, probity, honesty, and trustworthiness.  c. The Candidate shall demonstrate responsiveness to the needs of patients and society that supersedes self-interest.  d. The Candidate shall demonstrate accountability to patients, society, and the profession, including a duty to act on knowledge of professional behavior of others.  e. The Candidate shall demonstrate milestones that indicate a commitment to excellence and ongoing professional development as evidence of the	Pirst and Second Year:  Discipline course/lab, attendance and attire  OPC course/lab  Clinical Involvement  Community involvement  Third and Fourth Year:  4th year case presentation  Clinical rotations/patient interaction  COMLEX Level 2-PE  Preceptor evaluations  KYCOM Alumni Survey	<ul> <li>External surveys including the AACOM Survey of Student Indebtedness and Career Plans</li> <li>Census data: practices located in rural and/ or federally medically underserved areas</li> </ul>

To cultivate an appreciation of lifelong learning in KYCOM students and graduates through the development of scholarly inquiry skills.	commitment to continuous learning behaviors.  f. The Candidate shall demonstrate knowledge of and ability to apply ethical principles in the practice and research of medicine, particularly in the areas of provision or withholding of clinical care, confidentiality of patient information, informed consent, business practices, the conduct of research, and the reporting of research results.  g. The Candidate shall demonstrate awareness and proper attention to issues of culture, religion, age, gender, sexual orientation, and mental and physical disabilities.  Practice-based Learning and Improvement  a. The Candidate shall demonstrate the ability to describe and apply fundamental epidemiologic concepts to practice improvement.  b. The Candidate shall demonstrate the ability to describe and apply clinical decisionmaking tools.  c. The Candidate shall demonstrate the ability to describe and apply evidence-based medicine principles and practices.  d. The Candidate shall demonstrate the ability to evaluate the relevance and validity of research as well as to identify and incorporate levels of evidence.  e. The Candidate shall demonstrate the ability to evaluate the relevance and validity of research as well as to identify and incorporate levels of evidence.  e. The Candidate shall demonstrate the	First and Second Year:  Discipline course/lab Clinical Skills course/lab Filming and analysis of volunteer patient focused History & Physical Clinical Involvement COMLEX Level 1  Third and Fourth Year: Hth year case presentation Clinical rotations Preceptor evaluations COMLEX Level 2-CE	• External surveys including the AACOM Survey of Student Indebtedness and Career Plans

	significance of research evidence.  f. The Candidate shall demonstrate the ability to describe and apply principles directed at treating patients with the best medical evidence.  g. The Candidate shall demonstrate the ability to describe and apply strategies for		
Sys	into clinical practice.  Stems-based Practice  a. The Candidate shall demonstrate an understanding of how patient care and professional practices affect other health care professionals, health care organizations, and the larger society.  b. The Candidate shall demonstrate an understanding of health delivery systems that affect the practice of a physician.  c. The Candidate shall demonstrate an understanding of the methods of controlling costs and allocating resources in the health care delivery system.  d. The Candidate shall demonstrate the ability to identify effective strategies for being an advocate for patients within the health care system.  e. The Candidate shall demonstrate the knowledge of and ability to implement safe, effective, efficient, timely, patient- centered and equitable systems of care, recognizing the need to reduce medical errors and improve patient safety.	First and Second Year:  Discipline course/lab Filming and analysis of volunteer patient focused History & Physical Clinical Involvement  Third and Fourth Year:  4th year case presentation Clinical rotations Preceptor evaluations COMLEX Level 2-CE KYCOM Alumni Survey	COMLEX Level 1 External surveys including the AACOM Survey of Student Indebtedness and Career Plans COMLEX Level 3  COMLEX Level 3

#### POSTGRADUATE MEDICAL EDUCATION

The Appalachian Osteopathic Postgraduate Training Institute Consortium (A- OPTIC) is accredited by the American Osteopathic Association (AOA) as a consortium of graduate medical residency programs, hospitals, and colleges of osteopathic medicine. A-OPTIC is also accredited by ACGME as a residency-sponsoring organization. As the founding academic member of A-OPTIC, the Kentucky College of Osteopathic Medicine (KYCOM) has demonstrated its dedication to training future primary care physicians. The mission of A-OPTIC is to promote and enhance the quality and capacity of health professional education to meet the needs of frontier, rural, and other medically underserved areas of the United States, with an emphasis on graduate medical education to ensure an adequate supply of primary care physicians.

As an academic sponsor, A-OPTIC supports community-based rural and frontier residency programs in the areas of research, faculty development, and curriculum; as well as administrative oversight to ensure continued program accreditation and quality improvement.

A-OPTIC has been approved as a Health Resources and Services Administration (HRSA) Teaching Health Center (THC), for one site in Morehead Kentucky. In addition, A-OPTIC operates the Frontier Rural Innovations Network, a Practice- Based Research Network (PBRN) focusing on research to improve rural healthcare processes to attain the triple aim of improving the experience of care, improving the health of populations, and reducing per capita costs of health care. The innovations network develops knowledge to improve the lives of residents of frontier and rural areas and creates a training atmosphere that supports and values scholarly inquiry and quality improvement.

Additional information concerning A-OPTIC and its residency programs and affiliates may be found at its website, <a href="http://a-optic.org/">http://a-optic.org/</a>.

## **PERSONNEL**

#### UNIVERSITY OF PIKEVILLE ADMINISTRATION

Burton J. Webb, Ph.D. President

The Honorable Paul E. Patton Chancellor, Governor of Kentucky, 1995-2003

Lori Werth, Ph.D. Provost

Barry L. Bentley, M.B.A. Vice President for Finance and Business Affairs

Dana C. Shaffer, D.O., FACOFP dist., FAOGME Dean of the Kentucky College of Osteopathic Medicine

Michael Bacigalupi, O.D., M.S. Dean of the Kentucky College of Optometry

David R. Hutchens Vice President for Advancement and Alumni Relations

Karen Damron, Ph.D. Dean of the Elliott School of Nursing

Jennifer Dugan, Ph.D. Dean of the College of Arts and Sciences

Mathys J. Meyer, Ph.D.

Dean of Student Success

Justin T. Owens, Ph.D.

Dean of Student Affairs

Howard V. Roberts, Ed.D. Dean of the Coleman College of Business

#### KENTUCKY COLLEGE OF OSTEOPATHIC MEDICINE ADMINISTRATION

Dana C. Shaffer, D.O., FACOFP dist., FAOGME Dean of the Kentucky College of Osteopathic Medicine

Vacant Associate Dean for Basic Sciences

Joshua R. Crum, D.O. Associate Dean for Clinical Affairs

Laura E. Griffin, D.O., FAAO Associate Dean of Osteopathic Principles and Practices Integration

Mary Johnson, Ph.D. Associate Dean for Academic Affairs

Joe E. Kingery, D.O., FAAFP, FACOFP
Associate Dean of Osteopathic Medical Education

Eric McLaughlin, M.Ed. Assistant Dean of Student Affairs for Graduate and Health Professions

## **KYCOM ACADEMIC DEPARTMENT HEADS**

#### **Family Medicine**

Joe E. Kingery, D.O., FAAFP, FACOFP

## **Osteopathic Principles and Practice**

Laura E. Griffin, D.O., FAAO, Chair

#### KYCOM FULL-TIME FACULTY

Michael S. Carnes, D.O., FAAO Osteopathic Principles and Practice

Sarah Crawford, D.O. Family Medicine

Joshua R. Crum, D.O. Family Medicine

Danny Driskill, J.D., NRP, FP-C Family Medicine

Candi Griffey, D.O. Family Medicine

Laura E. Griffin, D.O., FAAO Osteopathic Principles and Practice

Shumaila Hanif, Ph.D. Microbiology

Steven R. Harris, Ph.D. Pharmacology and Physiology

Ingrid Herrmann, M.D., M.P.H. Pathology

Robert J. Hillwig, M.D. Anatomy

Vivek Joshi, M.D. Biochemistry

Antoinette Justice, D.O. Family Medicine and OPP

Joe E. Kingery, D.O., FAAFP, FACOFP Family Medicine

Kartick Pramanik, Ph.D Pharmacology

Cathryn J. Rehmeyer, Ph.D. Pathology

Dana C. Shaffer, D.O., FACOFP dist., FAOGME Family Medicine

Julia H. Smith, D.H.Ed.

Anatomy

Tracy Soltesz, Ph.D.

Anatomy

Edward G. Stiles, D.O., FAAO Osteopathic Principles and Practice

L. Joshua Watson, Ph.D. Physiology

J. Michael Younger, Ph.D. Biochemistry

Dana R. Ziegler, Ph.D. Anatomy

#### **KYCOM DIVISION CHAIRS**

Naveed Ahmed, M.D. Neurology

Anthony Yonts, D.O. Internal Medicine

Sammie S. Gibson, D.O. Obstetrics and Gynecology

Rakesh Sachdeva, M.D. Pediatrics Seema Sachdeva, M.D. Pediatrics

Timothy P. Wright, D.O. General Surgery

